



1. **FIND A TAPE** (steal it from goodwill, tape over your ex's shitty demo, etc.)
2. **FIND A TAPE DECK** (anything with an input/mic and output/headphone jack)
3. **GET AN AUX CORD** (whatever works for your input and output jacks)
4. **PULL UP "BLOOD N BLITZ"** ([soundgrotesca.bandcamp.com](http://soundgrotesca.bandcamp.com) ; free download)
5. **PLUG IN THE CORD** (output is music / input is tape deck)
6. **CHECK YOUR LEVELS** (make sure its at a level YOU like)
7. **HIT RECORD; HIT PLAY** (flip it over and repeat for side b)
8. **START A LABEL** (come up with a cool label name)
9. **PASTE LABEL NAME ANYWHERE ON THE JCARD** (optional: photocopy it)
10. **CUT OUT THE JCARD** (cut and fold at the lines indicated above)



**PLAY IT LOUD**

NOW START A BAND  
 PUT OUT YOUR OWN BAND  
 PUT OUT YOUR FRIENDS BANDS

MAKE SOMETHING HAPPEN  
 DO IT YOUR OWN WAY  
 NO RULES TO ANY OF IT

nosferatu  
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 BLOOD N BLITZ